

10th Annual Walt Brem
Track and Field Event Series
At Farmingdale High School

Dates and Times: Saturday December 3rd,2016

Competition will begin promptly at 8:00am

Saturday December 10th,2016

Competition will begin promptly at 8:00am

Saturday December 17th,2016

Competition will begin promptly at 8:00am

Schedule: **Running Events:** (boys followed by girls)

3200 (boys)

3200 (girls)

600m

1000m

1600m

1500m (girls)

55m Hurdles

Field Events:

Weight Throw - Held outdoors - boys and girls combined

Long Jump - Held outside with two pits

Triple Jump - long jump followed by triple jump

Shot Put - held indoors

Pole Vault - held indoors with girls and boys jumping together
-opening height is 6 feet

High Jump - two pits

Cost: \$ 100.00 per team **OR** \$10.00 dollars per individual athlete

PLUS

EACH SCHOOL WILL BE ASSESSED THE COST OF ONE OFFICIAL THROUGH B.O.C.E.S

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Entry Form

<u>Date</u>	<u>Boys</u>	<u>Girls</u>	or	<u>Number of Individuals</u>
12/3	_____	_____		_____
12/10	_____	_____		_____
12/17	_____	_____		_____

Total Cost \$ _____

100.00 per team per Night or

10.00 per individual entry per Night

Plus the *cost of one official*

Entries must be received by Monday December 1st, 2016

Please send entries and payment to

Friends of Farmingdale Athletics

C/O: Walt Henning

Athletic Department

Farmingdale High School

150 Lincoln Street

Farmingdale, NY 11735

email address: whenning@farmingdaleschools.org

Fax # (516) 752-2981

Employer ID: 11-3558339

School

Coach

Athletic Director